Πανεπιστήμιο Κύπρου
University of Cyprus

ELEMEKAN
HELLENIC SOCIETY FOR THE STUDY OF CARDIOVASCULAR DISEASES

Event endorsed by

EACVI
European Association of Cardiovascular Imaging

SCIENTIFIC PROGRAM

7th STRESS ECHO COURSE

19-21 Nov. 2026
| Athens, Greece



ATHENS MEDICAL GROUP

Echocardiology
Dpt of Athens
Medical Center

Echo Lab of the General
Hospital of Athens
Korgialenio Benakio
Hellenic Red Cross

The theoretical part of the course will be held at Athens Medical Center 5-7 Distomou str Amarousion

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Thursday | 19.11.2026

13.00-14.15	**Stress echo procedure**	
13.00-13.15	**Indications and contra-indications for stress echo**	**K. Papadopoulos**
13.15-13.30	**Before stress echo** • Lab set-up and medication used • Informed consent • Patient's preparation • Safety measures	**N. Kadoglou**
13.30-13.45	**During stress echo** • Protocols of stress echo: A. Pharmaceutical stress echo B. Exercise stress echo • Image acquisition and analysis	**K. Papadopoulos**
13.45-14.15	**After stress echo** • Criteria for protocol completion • Potential complications and their management • Patient's care and information • Report	**S. Karagiannis**
14.15-14.30	**Coffee break**	
14.30-15.15	**Application of novel imaging techniques in stress echo**	
14.30-14.45	Contrast agents	**N. Kadoglou**
14.45-15.00	Speckle Tracking & 3D	**K. Papadopoulos**
15.00-15.15	ABCDE Stress Echo Protocol	**S. Karagiannis**

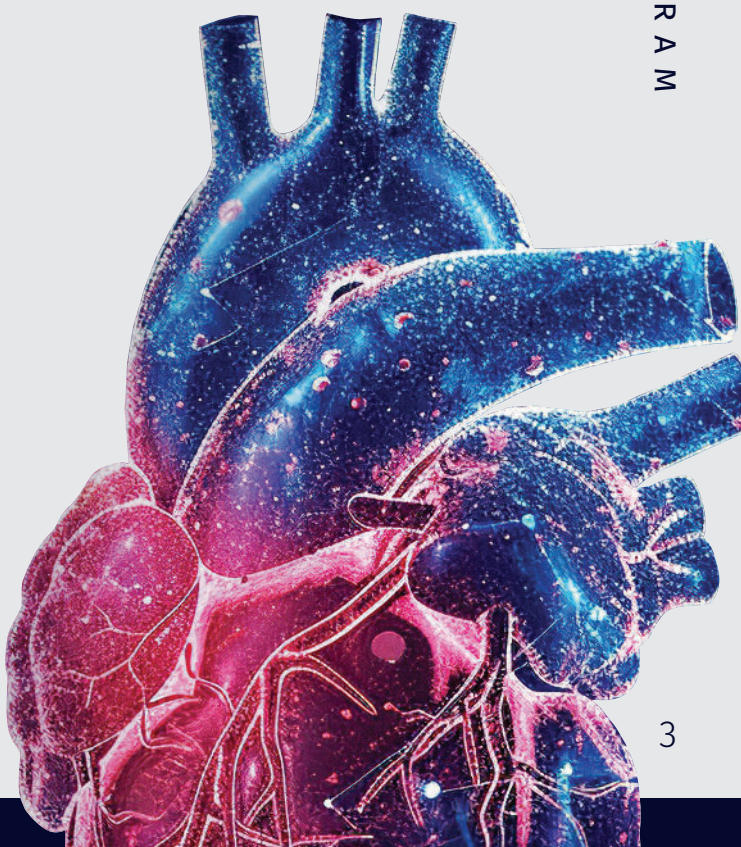
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15.15-16.15	**Stress echo and coronary artery disease**	
15.15-15.35	Chronic Coronary artery disease -Diagnosis	**K. Papadopoulos**
15.35-15.55	Viability study and pitfalls in special conditions (LBBB, microvascular disease etc)	**S. Karagiannis**
15.55-16.15	Stress echo for risk stratification, patient's prognosis and pre-operative evaluation	**N. Kadoglou**
16.15-16.30	**Coffee break**	
16.30-19.00	**Computer hands-on**	



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Friday | 20.11.2026

09.00-14.00	**Echo lab hands-on**	
14.00-15.00	**Light Lunch**	
15.00-16.05	**Stress Echo in valvular diseases**	
15.00-15.10	Mitral Stenosis	**N. Kadoglou**
15.10-15.30	Mitral regurgitation	**N. Kadoglou**
15.30-15.50	Aortic stenosis	**S. Karagiannis**
15.50-16.05	Mixed valvulopathies	**D. Ikonomidis**
16.05-16.20	**Coffee break**	
16.20-19.00	Computer hands-on	

Saturday | 21.11.2026

09.00-14.00	Echo lab hands-on	
14.00-15.00	**Light Lunch**	
15.00-16.00	**Stress Echo in heart failure and cardiomyopathies**	
15.00-15.20	Ischemic heart failure	**K. Papadopoulos**
15.20-15.40	Non-ischemic heart failure-Cardiomyopathies	**P. Papadimitriou**
15.40-16.00	Pulmonary hypertension, unexplained dyspnea	**N. Kadoglou**
16.00-16.15	**Coffee break**	
16.15-18.15	**Computer hands-on**	
18.15-19.15	**Exam test and results discussion** (Interactive session with comments, conclusions and summarized take home messages)	