

SCIENTIFIC PROGRAM

FRIDAY 11 SEPTEMBER 2026

10.00-10.15: Registrations / Welcome Note

Prof. Georgescu A.

Dr. Ignatiadis I.

10.15 -10.30: Theoretical Overview of Upper Limb Surgical Anatomy

10.30-13:30 Bone Joint & Other Approaches:

- Henry approach at the wrist- forearm
- 1st CMC Joint (Basal joint of the thumb)
- Dorsal approach of the wrist
- Lateral collateral elbow (Head of Radius) approach

13.30-14.00: Lunch Break

14.00-18.30: Tendons Dissection/ Suture:

- Trigger finger release
- Tendon flexor zone II / suture Kessler modified & Georgescu sutures
- Extensor apparatus suture / mallet finger Georgescu technique
- DE QUERVAIN'S syndrome release
- Tendon Transfer for extensor pollicis longus
- Neurophany (Median nerve) epineural suture by 8-0 Nylon, digital nerve by 9-0

Organized by ATTC Anatomy Techniques & Training Center

HAND UPPER LIMB OPERATIVE APPROACHES & FLAPS DISSECTION

A 2-days Wetlab Course in Fresh Frozen Specimens

INSTRUCTORS Dr Ioannis Ignatiadis • Alexandru V. Georgescu M.D., PhD



11-12 SEP 2026

ORTHOPAEDIC AND PLASTIC SURGERY

2-DAYS COURSE / 16 EFFECTIVE HOURS

2 TRAINEES PER HANDS-ON WORKSTATION

LANGUAGE: ENGLISH

SATURDAY 12 SEPTEMBER 2026

09.30 -10.30: Clinical cases/ Flaps in upper limb reconstruction **A. Georgescu**

10.30 -11.00: Discussion - Questions

11.00 -11.15: Theoretical Overview of Upper Limb Surgical Anatomy part II

11.15-14.30: Fasciocutaneous pedicle flaps dissection:

- W-Y flap
- Cross finger flap
- Flap foucher (KITE)
- Homodigital neurocutaneous flap
- Heterodigital pedicle flap (litter)
- Reverse Intermetacarpal flap
- Ulnar Forearm flap (Gilber - Becker)

14.30-15.00: Lunch Break

15.00-18.30: Nerves Dissection:

- Carpal Tunnel,
- Guyons Cannal
- Ulnar Tunnel at the elbow
- Radial - Posterior Interosseus Nerve (frohse arcade level)
- Anterior Interosseus nerve dissection (pronator teres level)

18.30 Closing Note

Having a pair of magnification loops during the course is recommended for the trainees (x2,5 to 3).