



# 18th HAND SURGERY COURSE

## PRELIMINARY PROGRAM



**Thursday, May 21, 2026**

08.30-09.00	<b>Registrations</b>	
09.00-20.00	<b>Lectures:</b> <b>Moderators: N. Darlis, S. Athanaselis</b> Neglected Ulnar Collateral Ligament Injuries of the Thumb Cubital Tunnel Syndrome Reverse Total Shoulder Arthroplasty The Rheumatoid Hand: Approach and Surgical Options Bridging of Nerve Defects by Autologous Nerve Grafting Suprascapular Nerve Compressive Neuropathy: Diagnosis and Treatment	<b>N. Stefanou</b> <b>S. Athanaselis</b> <b>G. Kasimatis</b> <b>P. Kanellos</b> <b>A. Vasiliadis</b> <b>F. Giannoulis</b>
10.00-18.30	<b>Live Surgery</b> <b>Surgeons: P. Giannakopoulos, A. Mitsizis</b> <b>Commentators: S. Anagnostou, N. Darlis, F. Giannoulis, A. Vasiliadis, P. Kanellos, S. Athanaselis</b>	
14.30-15.00	<b>Lectures</b> <b>Moderators: N. Darlis, F. Giannoulis</b> Interesting wrist cases Arthroscopic Removal of Loose Glenoid Component in Anatomic Total Shoulder Arthroplasty	<b>D. Sotereanos</b> <b>A. Papadonikolakis</b>
17.00-17.30	<b>Lectures</b> <b>Moderators: N. Papadopoulos, P. Kanellos</b> Actual Indications in Replantation Surgery Hand Amputations: Revascularization and Replantation (Technical Considerations)	<b>B. Battiston</b> <b>S. Spiridonos</b>
18.30-19.00	<b>Coffee Break</b>	
19.00-20.00	<b>Lectures</b> <b>Moderators: A. Zoubos, S. Anagnostou</b>  Management of Soft Tissue Knee Injuries in Pediatric Patients Pediatric Fractures: Conservative Treatment Reconstruction of Soft Tissue Defects of the Hand Applications of Microsurgery in Orthopedics Proximal Humerus Fractures as a Predictor Factor for Osteoporosis	<b>I. Kosmidis</b> <b>D. Pasparakis</b> <b>N. Papadopoulos</b> <b>A. Beris</b> <b>E. Chronopoulos</b>
20.00	<b>Welcome Address</b> <b>Moderators: P. Giannakopoulos, A. Mitsizis</b> Emotional Exhaustion (Burnout) in Healthcare Professionals: From Neurobiology to the Ethics and Meaning of Care In Piety of the Values and Virtues of Teaching. The Greatness of Teaching Earnings an Unbreakable "Symbiotic Chemistry" of Excellence and Virtue Between Educator and Student	<b>L. Papageorgiou</b> <b>P. N. Soucacos</b>
21.30	<b>Welcome Reception</b>	

## Friday, May 22, 2026

<b>8.00-13.00</b>	<b>Lectures</b> <b>Moderators: F. Giannoulis, P. Kanelos</b> Musculoskeletal Ultrasound for Upper Limb Disorders Epicondylitis Bone Defects of the Upper Extremity: Causes, Classification, Treatment Options and Indications New Frontiers in Hand and Microsurgery: 3D Imaging/ Printing, Exoscopes, Robotics, Nerve Monitoring Double Crush Syndromes in Upper Extremity Giant Cell Tumor of Distal Radius Surgical Techniques in Extensor Tendon Injuries	<b>D. Papoutsi</b> <b>N. Vlachos</b>  <b>I. Ignatiadis</b>  <b>N. Darlis</b> <b>D. Vardakas</b> <b>O. Savvidou</b> <b>S. Varitimidis</b>
<b>9.00-16.00</b>	<b>Live Surgery</b> <b>Surgeons: P. Giannakopoulos, A. Misitzi</b> <b>Commentators: N. Daoutis, S. Sourmelis, Z. Dailiana, S. Spiridonos, K. Ditsios, S. Varitimidis, M. Vekris, J. Sarris, D. Vardakas, N. Darlis, F. Giannoulis</b>	
<b>12.30-13.30</b>	<b>Coffee Break</b>	
<b>13.30-14.00</b>	<b>Lectures:</b> <b>Moderators: J. Sarris, N. Darlis</b> Current Concepts in Lunotriquetral Instability Nerve Versus Tendon Transfers for Radial Nerve Injuries	<b>L. Papatheodorou</b> <b>S. Bougioukli</b>
<b>14.00-16.00</b>	<b>Live Surgery</b> <b>Surgeons: P. Giannakopoulos, A. Misitzi</b> <b>Commentators: N. Daoutis, S. Sourmelis, Z. Dailiana, S. Spiridonos, K. Ditsios, S. Varitimidis, M. Vekris, J. Sarris, D. Vardakas, N. Darlis, F. Giannoulis</b>	
<b>15.00-15.30</b>	<b>Light Lunch</b>	
<b>15.30-16.15</b>	<b>Lectures:</b> <b>Moderators: S. Spiridonos, M. Vekris</b> Brachial Plexus Reconstruction for Shoulder and Elbow Paralysis Secondary Brachial Plexus Reconstruction Congenital Anomalies of the Thumb Congenital Aplasia of the Thumb: Index Pollicization	<b>N. Daoutis</b> <b>M. Vekris</b> <b>Z. Dailiana</b> <b>E. Papadogeorgou</b>
<b>16.15-17.00</b>	<b>Lectures:</b> <b>Moderators: S. Varitimidis, D. Vardakas</b> Wrist Biomechanics and Kinesiology Volar Ulnar Corner: Not to Miss when Fixing Distal Radius Fractures Olecranon Fractures Humeral Shaft Fractures with Radial Nerve Palsy: what we can do	<b>J. Kostas Agnantis</b> <b>S. Sourmelis</b> <b>K. Ditsios</b> <b>J. Sarris</b>
<b>17.00-20.00</b>	<b>Wet Lab, Cadaveric Hand Surgery</b> <b>Moderators: P. Giannakopoulos, A. Misitzi</b> Carpal Tunnel Syndrome, Median Nerve Dissection Trigger Finger-Trigger Thumb De Quervain Syndrome Dorsal Exposure of Distal Radius and Wrist Joint and Extensor Retinaculum Anatomy Extensor Hood Anatomy Mallet Finger and Central Slip Avulsion Ulnar Collateral Ligament Injury	<b>S. Spiridonos</b> <b>N. Darlis</b> <b>F. Giannoulis</b>  <b>J. Sarris</b> <b>K. Ditsios</b> <b>S. Athanaselis</b> <b>P. Giannakopoulos</b>

## Saturday, May 23, 2026

8.00-9.30

### **Lectures**

**Moderators: N. Darlis, F. Giannoulis**

Common Overuse Syndromes of the Upper Extremity  
Red Flags for Child Physical Abuse  
Flexor Tendon Repair: Current Concepts  
Triceps Tendon Injuries  
Brachial Plexus Injuries: Realistic Expectations  
Principles of Tendon Transfer in Upper Extremity  
Pediatric Upper Extremity Injuries  
Thoracic Outlet Syndrome

**Ch. Konstadinidis  
K. Kourkoutas  
D. Papadopoulos  
Z. Kokkalis  
E. Fandridis  
A. Korobilias  
P. Giannakopoulos  
A. Mitzis**

10.00-15.00

### **Wet Lab, Cadaveric Hand Surgery**

**Moderators: P. Giannakopoulos, A. Mitzis**

Palmar Approach for Distal Radius Fractures  
Extended Palmar Approach for Scaphoid Reconstruction  
CMC Exposure Palmar Approach  
CMC Exposure Dorsal Approach  
Ulnar Nerve Dissection at Guyon Canal  
V-Y, Cross Finger Flap  
Flexor Tendon Anatomy  
Flexor Tendon Anatomy at 5<sup>th</sup> Zone  
Extensor Mechanism Dissection at MCP Joint

**N. Darlis  
J. Sarris  
P. Giannakopoulos  
D. Papadopoulos  
P. Giannakopoulos  
N. Papadopoulos  
Z. Kokkalis  
F. Giannoulis  
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15.00

### **Closing Remarks**

**P. Giannakopoulos, A. Mitzis**

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