



13th HAND SURGERY COURSE PROGRAM



Thursday, May 16, 2019

12.00-12.30	Registrations	
12.30-18.30	Lectures Moderators: N. Darlis, N. Vlachos Posterior Interosseus Artery Flap AC Joint Dislocation Humerus Fracture: Treatment with Intramedular Nails Bicondylar Humerus Fractures Distal Radius Fractures – Internal Fixation Perilunate Fractures - Dislocations Demystifying Scapholunate Instability Fasciocutaneous Perforator Based Flaps in Hand Defects Coverage The Homodigital Neurovascular Island Flap for Finger Reconstruction	C. Xarchas N. Liarakos N. Zacharakis E. Athanaselis N. Zagoraios P. Kanellos N. Darlis I. Ignatiadis A. Vasiliadis
14.30-18.30	Live Surgery Surgeons: P. Giannakopoulos, A. Mitsizis Commentators: M. Ierodiamonou, S. Anagnostou, A. Vasiliadis, N. Darlis Carpal Tunnel Syndrome (Open Release) Rheumatoid Arthritis CMC Arthritis	
18.30-19.00	Coffee Break	
19.00-19.30	Lectures Moderators: A. B. Zoubos, S. Anagnostou Missed Detection or Late Presentation of Developmental Dysplasia of the Hip Clinical Evaluation of the Rotational Profile of the Lower Extremities	D. Pasparakis M. Ierodiamonou
19.45-20.30	Lectures Moderators: P. Giannakopoulos, A. Mitsizis Elbow Instability (Via Skype) Management of Stiff Elbow (Via Skype)	M. Baratz D. Sotereanos
20.30	Welcome Address Moderators: P. Giannakopoulos, A. Mitsizis Diseases at Sea and Ships' Doctors. From Renaissance to 21st Century (Introduction: A. B. Zoubos) New Trends in Training in Microsurgery Unraveling the Mysteries of Congenital Anomalies of the Upper and Lower Extremities. From the Ancient Mythology to Modern Medicine.	A. G. Diamantis A. Beris P. N. Soucacos
21.30	Welcome Reception	

Friday, May 17, 2019

8.00-12.00

Lectures

Moderators: A. Vasiliadis, S. Anagnostou

Epicondylitis: Diagnosis and Treatment
Transosseous Suture Fixation of Proximal Humeral Fractures
Complex Regional Pain Syndrome in the Upper Extremity
Kienbock Disease: Evaluation and Treatment
Treatment of Upper Extremity Spasticity
Degenerative Ruptures of the Extensor Tendons
Techniques of Extensor Tendon Repair

**N. Vlachos
G. Kasimatis
J. Galanakis
F. Giannoulis
E. Papadogeorgou
B. Kontogeorgakos
S. Varitimidis**

9.00-12.00

Live Surgery

Surgeons: P. Giannakopoulos, A. Mitsizis

Commentators: N. Daoutis, J. Sarris, K. Ditsios, J. Galanakis, F. Giannoulis

Cubital Tunnel Syndrome
Swan Neck Deformity
Distal Radius Malunion

12.30-12.50

Coffee Break

13.00-16.00

Lectures

Moderators: S. Varitimidis, J. Sarris

Revision of Thumb CMC Arthroplasty (Via Skype)
Thumb Reconstruction
Tendon Transfer for Radial Nerve Palsy
Secondary Reconstruction in Brachial Plexus Injuries

**L. Papatheodorou
N. Daoutis
S. Spiridonos
M. Vekris**

13.10-16.00

Live Surgery

Surgeons: P. Giannakopoulos, A. Mitsizis

Commentators: S. Spiridonos, P. Givissis, Z. Dailiana, S. Varitimidis, M. Vekris

Carpal Tunnel Release (using knife-light instrument)
Biceps Tendon Rupture
Epicondylitis

16.00-16.20

Light Lunch

16.20-17.00

Lectures

Moderators: M. Vekris, F. Giannoulis

A new Approach for the Treatment of Dupuytren Disease
Elbow Ligament Reconstruction: Chronic Instability
Congenital Thumb Abnormalities
Replacement Arthroplasty for the Treatment of Radial Head Fractures

**P. Givissis
K. Ditsios
Z. Dailiana
J. Sarris**

17.00-20.00

Wet Lab, Hand Surgery on Cadavers

Moderators: P. Giannakopoulos, A. Mitsizis

Carpal Tunnel Syndrome
Trigger Finger
De Quervain Syndrome
Mallet Finger
Ulnar Collateral Ligament Injury

**S. Spiridonos
N. Darlis
F. Giannoulis
K. Ditsios
P. Giannakopoulos**

Saturday, May 18, 2019

8.00-10.00

Lectures

Moderators: K. Ditsios, F. Giannoulis

Anterior Instability of the Shoulder
Guidelines for Surgical Treatment of the Distal Radius Fractures
Tips and Tricks in the Fixation of Radial Head Fractures
Acute S-L Injuries: Evaluation and Treatment
Cubital Tunnel Syndrome
Thoracic Outlet Syndrome
Nerve Injuries Around the Shoulder
Supracondylar Elbow Fractures in Children

**A. Venouziou
K. Kourkoutas
O. Savvidou
P. Giannakopoulos
P. Kaldis
A. Misitzis
Z. Kokkalis
A. Korompilias**

10.00-15.00

Wet Lab, Hand Surgery on Cadavers

Moderators: P. Giannakopoulos, A. Misitzis

Palmar Approach for Distal Radius Fractures
Extended Palmar Approach for Scaphoid Reconstruction
CMC Exposure
Flexor Tendon Anatomy
Extensor Mechanism Dissection
Antebrachial and Hand Anatomy

**J. Galanakis
J. Sarris
P. Givissis
Z. Kokkalis
A. Misitzis
P. Giannakopoulos,
A. Misitzis**

15.00

Closing Remarks

P. Giannakopoulos, A. Misitzis

ORGANIZING COMMITTEE

Giannakopoulos Panagiotis MD,

Orthopaedic, Upper Extremity Surgeon,
Hand, Upper Extremity & Microsurgery Unit,
Athens Medical Center,
Athens, Greece.

Misitzi Adam MD,

Orthopaedic, Upper Extremity Surgeon,
Hand, Upper Extremity & Microsurgery Unit,
Athens Medical Center,
Athens, Greece.

Ierodiaconou Michael MD,

Orthopaedic Surgeon, Pediatric Orthopaedics,
Athens Medical Center,
Athens, Greece.

Kaldis Panagiotis MD,

Orthopaedic Surgeon,
Hand, Upper Extremity & Microsurgery Unit,
Athens Medical Center,
Athens, Greece.

Kourkoutas Konstantinos MD,

Orthopaedic Surgeon,
Hand, Upper Extremity & Microsurgery Unit,
Athens Medical Center,
Athens, Greece.

Liarakos Nikolaos MD,

Orthopaedic Surgeon,
Hand, Upper Extremity & Microsurgery Unit,
Athens Medical Center,
Athens, Greece.

INTERNATIONAL FACULTY

Mark Baratz MD,

Clinical Professor and Vice Chairman,
Director Hand and Upper Extremity Surgery/CMI,
Orthopaedic Specialists,
University of Pittsburgh Medical Center,
President – Elect AAHS,
Pittsburgh, PA, USA.

Dean G Sotereanos MD,

Clinical Professor of Orthopaedic Surgery,
University of Pittsburgh School of Medicine,
Orthopaedic Shoulder Elbow and Hand Surgeon,
Orthopaedic Specialists-UPMC,
Pittsburgh, PA, USA.

Loukia K. Papatheodorou, MD, PhD

Clinical Assistant Professor of Orthopaedic Surgery,
University of Pittsburgh School of Medicine,
Department of Orthopaedic Surgery,
Pittsburgh, PA, USA.

FACULTY

Anagnostou Stavros MD,

Orthopaedic, Hand Surgeon,
“Hygeia” Hospital,
Athens, Greece.

Athanaselis Efstratios MD,

Consultant Orthopaedic Surgeon,
University Hospital of Larisa,
Larisa, Greece.

Beris Alexandros MD,

Professor of Orthopaedic Surgery,
University of Ioannina,
Interbalkan Hospital, Athens Medical Group,
Ioannina, Greece.

Cristogiannis Giannis MD,

Orthopaedic Surgeon,
Athens, Greece

Dailiana Zoi MD,

Professor of Orthopaedic Surgery,
University of Thessalia,
Larisa, Greece.

Daoutis Nikos MD,

Chief, Hand and Microsurgery Unit,
Metropolitan Hospital,
Athens, Greece.

Darlis Nikos MD,

Orthopaedic, Hand Surgeon,
Metropolitan Hospital,
Athens, Greece.

Diamantis Aristidis G, MD, PhD, HN,

Captain, Director of Cytopathology Dept. & Head of Laboratory Division,
Naval Hospital of Athens and Veterans
Author & Historian of Medicine,
Athens, Greece.

Ditsios Konstantinos MD,

Associate Professor of Orthopaedic Surgery,
Aristoteleio University of Thessaloniki,
Thessaloniki, Greece.

Galanakis Ioannis MD,

Consultant Orthopaedic Surgeon,
University Hospital of Iraklion,
Iraklion, Greece.

Giannoulis Phillipe MD,

Orthopaedic Surgeon, Upper Extremity & Microsurgery Unit,
General Hospital of Attica "KAT",
Athens, Greece.

Givissis Panayotis MD,

Professor and Chairman of Orthopaedic Surgery,
Aristoteleio University of Thessaloniki,
Thessaloniki, Greece.

Ignatiadis Ioannis MD,

Orthopaedic Surgeon,
Athens Medical Group,
Athens, Greece.

Kanellos Panagiotis MD,

Orthopaedic Surgeon, Upper Extremity & Microsurgery Unit,
General Hospital of Attica "KAT",
Athens, Greece.

Kasimatis George MD,

Orthopaedic Surgeon
Athens Medical Group,
Athens, Greece.

Kokkalis Zinon MD,

Assistant Professor of Orthopaedic Surgery,
University of Patra,
Patra, Greece.

Korobilias Anastasios MD,
Professor and Chairman of Orthopaedic Surgery,
University of Ioannina,
Ioannina, Greece.

Kontogeorgakos Basilios MD,
Assistant Professor of Orthopaedic Surgery,
University of Athens,
Athens, Greece.

Manousaridis Iordanis MD,
Orthopaedic Surgeon,
Athens, Greece

Papadoeorgou Ellada MD,
Orthopaedic, Upper Extremity Surgeon,
Interbalkan Hospital, Athens Medical Group,
Thessaloniki, Greece.

Pasparakis Dimitrios MD,
Orthopaedic Surgeon, Pediatric Orthopaedics,
Athens Medical Center,
Athens, Greece.

Riganelis Panagiotis MD,
Plastic Surgeon
Hippocratio Hospital,
Athens, Greece.

Sarris Ioannis MD,
Associate Professor of Orthopaedic Surgery,
Aristoteleio University of Thessaloniki,
Thessaloniki, Greece.

Savvidou Olga MD,
Associate Professor of Orthopaedic Surgery,
University of Athens,
Athens, Greece.

Soucacos Panayotis N, MD, FACS
Professor of Orthopaedic Surgery,
Orthopaedic Research & Education Center,
"Attikon" University Hospital,
University of Athens, School of Medicine,
Athens, Greece

Spiridonos Sarantis MD,
Chief, Upper Extremity & Microsurgery Unit,
General Hospital of Attica "KAT",
Athens, Greece.

Tolis Konstantinos MD,
Orthopaedic Surgeon,
Athens, Greece.

Varitimidis Sokratis MD,

Professor, Orthopaedic Surgery,
University of Thessalia,
Larisa, Greece.

Vasiliadis Adonis MD,

Orthopaedic, Upper Extremity Surgeon,
Metropolitan Hospital,
Athens, Greece.

Venouziou Aaron MD,

Orthopaedic, Upper Extremity Surgeon,
Thessaloniki, Greece.

Vekris Marios MD,

Professor of Orthopaedic Surgery,
University of Ioannina,
Ioannina, Greece.

Vlachos Nikos MD,

Orthopaedic Surgeon,
Athens Medical Group,
Athens, Greece.

Xarchas Konstantinos MD,

Assistant Professor of Orthopaedic Surgery,
General Hospital of Athens "G. Gennimatas",
Athens, Greece.

Zacharakis Nikolaos MD,

Chief, Orthopaedic Dpt, General Hospital of Athens "G. Gennimatas",
Athens, Greece.

Zagoreos Nikolaos MD,

Orthopaedic, Hand Surgeon,
Metropolitan Hospital,
Athens, Greece.

Zoubos Aristides B MD,

Professor Emeritus of Orthopaedics, School of Medicine,
University of Athens,
Athens, Greece.