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**EACVI**  
European Association of  
Cardiovascular Imaging



Πανεπιστήμιο Κύπρου  
University of Cyprus



# 6<sup>th</sup> STRESS ECHO COURSE



**20-22**  
**November,**  
2025  
Athens,  
Greece

The theoretical part of  
the course will be held at  
Athens Medical Center 5-7  
Distomou str Amarousion

**SCIENTIFIC PROGRAM**



**ATHENS  
MEDICAL  
GROUP**

Echocardiology  
Dpt of Athens  
Medical Center



Echo Lab of the General  
Hospital of Athens  
Korgialenio Benakio -  
Hellenic Red Cross



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## Scientific Program

**Thursday 20.11.2025**

### **13.00-14.15**    **Stress echo procedure**

13.00-13.15    Indications and contra-indications for stress echo **(K. Papadopoulos)**

13.15-13.30    Before stress echo **(N. Kadoglou)**

- Lab set-up and medication used
- Informed consent
- Patient's preparation
- Safety measures

13.30-13.45    During stress echo **(K. Papadopoulos)**

- Protocols of stress echo:
  - A. Pharmaceutical stress echo
  - B. Exercise stress echo
- Image acquisition and analysis

13.45-14.15    After stress echo **(S. Karagiannis)**

- Criteria for protocol completion
- Potential complications and their management
- Patient's care and information
- Report

### **14.15-14.30**    **Coffee break**

### **14.30-15.15**    **Application of novel imaging techniques in stress echo**

14.30-14.45    Contrast agents **(N. Kadoglou)**

14.45-15.00    Speckle Tracking & 3D **(K. Papadopoulos)**

15.00-15.15    ABCDE Stress Echo Protocol **(S. Karagiannis)**



# 20-22 November 2025

## Athens, Greece

**15.15-16.15**

### Stress echo and coronary artery disease

15.15-15.35

Chronic Coronary artery disease -Diagnosis **(K. Papadopoulos)**

15.35-15.55

Viability study and pitfalls in special conditions  
(LBBB, microvascular disease etc) **(S. Karagiannis)**

15.55-16.15

Stress echo for risk stratification,  
patient's prognosis and pre-operative evaluation **(N. Kadoglou)**

**16.15-16.30**

**Coffee break**

**16.30-19.00**

**Computer hands-on**

### Friday 21.11.2025

**09.00-14.00**

**Echo lab hands-on**

**14.00-15.00**

**Light Lunch**

**15.00-16.05**

### Stress Echo in valvular diseases

15.00-15.10

Mitral Stenosis **(N. Kadoglou)**

15.10-15.30

Mitral regurgitation **(N. Kadoglou)**

15.30-15.50

Aortic stenosis **(S. Karagiannis)**

15.50-16.05

Mixed valvulopathies **(K. Papadopoulos)**

**16.05-16.20**

**Coffee break**

**16.20-19.00**

**Computer hands-on**



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**Saturday 22.11.2025**

**09.00-14.00**    **Echo lab hands-on**

**14.00-15.00**    **Light Lunch**

**15.00-16.00**    **Stress Echo in heart failure and cardiomyopathies**

15.00-15.20    Ischemic heart failure    **(K. Papadopoulos)**

15.20-15.40    Non-ischemic heart failure-Cardiomyopathies    **(S. Karagiannis)**

15.40-16.00    Pulmonary hypertension, unexplained dyspnea    **(N. Kadoglou)**

**16.00-16.15**    **Coffee break**

**16.15-18.15**    **Computer hands-on**

**18.15-19.15**    **Exam test and results discussion**

(Interactive session with comments, conclusions and summarized take home messages)



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