

An update on **Type 1 Diabetes** management

Preliminary Programme



**Athens Medical Group Auditorium
Kifissia, Kefalari Square, Greece
December 02-03, 2016**

Welcome

Dear colleagues, Dear friends,

It is our great pleasure to welcome you in Kifissia, Attica, Greece **for an ISPAD COURSE: “An update on Type 1 Diabetes management”**.

The Course is under the auspices of **ISPAD** and of the **Athens Medical Association**. Committed to its main aim, an **ISPAD** course is formed to be attractive and towards the needs of young researchers, doctors and allied professionals, appropriate to share knowledge and experience on current evidence. It will provide participants with the opportunity to learn and keep updated by world renowned experts, to contribute to an open dialogue about all the up to date technology advances regarding diagnosis and management of Paediatric and Adolescent Diabetes. The successful format for communication and discussion, included in all sessions, will help to disseminate knowledge from experts and to introduce the newcomers. We cannot be but grateful to **ISPAD and to the Athens Medical Center** for their support, as well as to all those who are working for the organization and realization of the course and to all invited faculty, Greek and foreign.

Thank you for being here with us.

Sincerely Yours

Christos S. Bartsocas, MD
Professor Emeritus of Paediatrics
Paediatric Center Consultant

Abbas Qadreh, MD
Consultant Paediatrician



Guidelines for Invited Faculty & Presenting Authors

Formal Requirements, Language:

All presentations have to be given in English (as the official language of the Course is English and no simultaneous translation will be provided).

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Technical Requirements Preparation Format:

- **Preferable format** is MS PowerPoint (ppt or pps). Macintosh presentations will be accepted*.
- **Versions:** up to MS PowerPoint 2010. Saving of files: For onsite upload, the presentation has to be saved on a USB flash (recommended), CD-ROM or DVD-ROM.
- **Video clips:** If you are using embedded video clips in your presentation, please remember to also have the video clips in a separate file (not only in the presentation).
- **Fonts & character:** To avoid any possible compatibility problems, it is preferable not use any special fonts or special characters.
- **Onsite presentation:** You are kindly requested to provide us with your presentations at info@apr.com.gr at least one (1) week before the beginning of the Session (in order to ensure on time they run smoothly and to be able of making any possible changes). If the presentation is scheduled early in the morning, you are kindly requested to check your presentation with the technical support personnel the day before. Your PPT presentation will be made available in the lecture hall via computer network. There will be no possibility to connect your personal laptop in the lecture hall, due to very restricted timeslots (row of the presentations).

The Hall will be equipped with the following:

- LCD projector with remote control
(operated by presenter-no mouse will be available)
- Screen & Lighted pointer
- Podium mounted microphone
- Audience aisle microphones

It is very important to respect the flow of the session and the exact time available



for each presentation and therefore you are requested to be consistent with the time slots. It is advisable to rehearse your presentation prior to the congress to ascertain that the time is not exceeded.

** To the attention of Mac users: Please make sure to come with the suitable adapter and to also have a backup PPT for PC. You are kindly requested to meet with the technical support personnel at least two (2) hours before the beginning of the session, in order to assure compatibility (or backup solutions).*

General Information

Convenors: *Christos S.Bartsocas & Abbas Qadreh*

Venue

Athens Medical Group Auditorium

Philadelfeos & 1 Kefalariou Str. | Kefalari Square| 145 62 Kifissia, Attica, Greece

Dates & Hours Registration

Friday, December 02, 2016: 08:00–17:00

Saturday, December 03, 2016: 09:00–17:00

Official Language

The official language of ISPAD Course 2016 is English.

Simultaneous translation (interpretation) is not provided.

CME (Continuing Medical Education) Credits

The course will apply for EACCME/UEMS credits of continuing medical education.



Name Badge – Scanning (mandatory)

All Participants upon confirmation of their registration at the Secretariat will be provided with a unique Name Badge, which must be scanned, in order to record CME Credits for their attendance. Your personal name badge is your passport to all scientific sessions and the exhibition area. All participants are required to wear their badges (visibly) during all sessions. Make sure you will not forget to take always with you this unique name badge. It must be clearly understood that barcode badges must be scanned before entering AND after exiting the session Hall (in order the exact duration of attendance to be recorded).

Notes: - Name badge already used for recording credits of attendance cannot be replaced with a second badge (as credits will not be allocated properly). - Name badges are also necessary to be returned to the Secretariat for receiving the Certificate(s) of Attendance. - Time slots for breaks cannot be recorded. Also note: According to the Regulation of the Greek National Organization of Medicines, participation for at least of 60% of the total duration of the scientific programme must be secured and recorded!

Certificate of Attendance

All registered participants are entitled to receive a Certificate of Attendance. The Certificate will be issued only upon return of the name badge and the Evaluation Form (completed) at the Secretariat desk onsite by the end of the Congress. Participants not being physicians will also be entitled to receive the Relative Certificates without CME credits.

Evaluation Form (mandatory)

All participants by the end of the Course, will be requested to complete and deliver to the Secretariat a relative Evaluation Form (anonymous) as feedback of their total experience during the course. Official Feedback Report (based on participants' opinion) is required by the EACCME (European Accreditation Council for Continuing Medical Education-UEMS) in the framework.



Technical Support Personnel

The technical support personnel will be operating during the sessions of the scientific programme outside the session Hall in order to assist speakers/ presenting authors with their Presentations.

Liability and Insurance

The Organizers as well as the Organizing-Administrative Bureau will assume no liability for injuries or losses of any nature incurred by participants and/or accompanying persons, or for the damage, loss or theft of their personal property during the Course. Participants are advised to take out their own health, travel and personal insurances.

Mobile Phones

Everyone is requested to switch off his/her mobile phone while in session Hall.

Exhibition

ISPAD Course is accompanied by an exhibition where pharmaceutical and/or equipment/device industries will display relevant products and therapeutic developments.

Organizing-Administrative Bureau/Secretariat



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Friday, December 02, 2016

08:00 – 08:30 **Registration**

08:30 – 09:00 **Opening**

09:00 – 10:00 **Plenary lectures**

Chair: Christos Bartsocas

- The Global Challenge of Diabetes in Children.
- Assessment of insulin sensitivity/secretion

*Stephen Greene
David Dunger*

First Session: Clinical identities of diabetes in children and youths

Chairs: Stephen Greene, Abbas Qadreh

10:00–10:30 Diabetes in preschoolers.

Carine deBeaufort

10:30–11:00 Type 2 diabetes in youth: clinical aspects.

Hala Tfayli

11:00–11:30 Silent type 1 diabetes– definition, diagnosis and treatment.

Mikael Knip

11:30–12:00 **Coffee Break**

Second Session: Genetics, Immunology of Diabetes and the Environment

Chairs: David Dunger , Nikos Skordis

12:00–12:30 Monogenic diabetes

Christina Kanaka- Gantenbein

12:30–13:00 Role of disease-associated autoantibodies
after the diagnosis of type 1 diabetes

Mikael Knip

13:00–13:30 Non-type 1 Diabetes in the Young:

Lessons from 'TODAY' and other studies

Stephen Greene

13:30–14:30 **Light Lunch**



Third Session: Diabetes Education, Psychology and Management;

Chairs: Bessie Spiliotis, Maria Papagianni

14:30–15:00	PL: – The Art of Reciprocity: Engaging Young People with Diabetes.	<i>Alexandra Greene</i>
15:00–15.20	Transition from paediatric care to adult clinic	<i>Carine deBeaufort</i>
15.20–15.40	Cheating: How much do we know?	<i>Andriani Gerasimidou- Vazeou</i>
15.40–16:00	Diabetes and school performance	<i>Stephen Greene</i>

16:00–17:00 **Meet the expert:
Future therapies of T1D:
What should we say to patients about Beta cell therapy?**

Coordinator: Christos Bartsocas

David Dunger, Stephen Greene, Mikael Knip

Saturday, December 03, 2016

Fourth Session: Current issues in nutritional management of T1D

Chairs: Carine deBeaufort, Athanasios Christoforidis

09:30–10:00	PL: Clinical Nutrition in T1DM: data on compliance	<i>Hala Tfayli</i>
10:00–11:30	Round table <ul style="list-style-type: none">• Nutrition Therapy in children with T1D & Principles of Carbohydrate counting• Obesity and Insulin resistance in children with Type 1 Diabetes & Coeliac Disease: Nutritional management• Eating disorders in type 1 adolescents• Vitamin D and T1D	<i>Melina Karipidou</i> <i>Eleni Koui</i> <i>Abbas Qadreh</i> <i>Dimitris Papadimitriou</i>
11:30–12:00	Coffee Break	



Fifth Session: Diabetes Acute and Chronic Complications

Chairs: Mikael Knip, Kyriaki Karavanaki

12:00–12:30	PL: Prediction/prevention of diabetic complications	<i>David Dunger</i>
12:30–12:50	DKA – Modifications of the protocol according to patient's age	<i>Christina Kanaka- Gantenbein</i>
12:50–13.10	Hypoglycemia management	<i>Asimina Galli-Tsinopoulou</i>
13.10–13.30	Prevention of Diabetes: a new direction	<i>Stephen Greene</i>
13:30–14:30	Light Lunch	

Sixth Session: Diabetes Treatments and Technology

Chairs: Hala Tfayli, Nikos Kefalas

14:30–15:00	PL: - Closed loop insulin delivery	<i>David Dunger</i>
15:00–15:30	Technical problems of CSII and CGM	<i>Andriani Gerasimidou- Vazeou</i>
15:30– 16:30	Meet the expert: When to recommend or not a CSII? Coordinator: David Dunger <i>Carine deBeaufort, Hala Tfayli, Andriani Vazeou, Stephen Greene</i>	
16:30–17:00	Closing remarks	
17:30 – 18:30	Celebration event for the 100th issues of the newsbulletin «Juvenile Diabetes: Our News» and the 33th anniversary of Juvenile Diabetes Union	



Faculty:

Christos S. Bartsocas:

Emer.Professor of Paediatrics, Athens Paediatric Center, Athens, Greece.

Carine de Beaufort:

Secretary General of the International Society for Paediatric and Adolescent Diabetes (ISPAD).
Consultant Paediatric Diabetes and Endocrinology, CHL (Luxembourg) Clinical researcher
University of Luxembourg, Luxembourg.

Athanasios Christoforidis:

Assistant Prof. Paediatrics–Paediatric Endocrinology, 1st Department of Paediatrics, Faculty
of Medicine, Aristotle University of Thessaloniki, Ippokratio General Hospital, Thessaloniki,
Greece.

David Dunger:

Professor of Paediatrics, Department of Paediatrics, University of Cambridge,
United Kingdom.

Asimina Galli-Tsinopoulou:

Assoc. Prof. Paediatrics–Paediatric Endocrinology, 4th Department of Paediatrics,
Faculty of Medicine, Aristotle University of Thessaloniki, Papageorgiou General Hospital,
Thessaloniki, Greece.

Andriani Gerasimidou- Vazeou:

Paediatric Diabetes Center, Director “P& A Kyiakou” Children’s Hospital,
Athens, Greece

Alexandra Greene:

Senior Research Fellow Medical Anthropology and Director Nexus Programme School
of Medicine, University of Dundee, United Kingdom.



Faculty:

Stephen Greene:

Professor of Child and Adolescent Health, Former President of International Society Paediatric & Adolescent Diabetes, Director of Scottish Children's Research Network, University of Dundee, United Kingdom.

Christina Kanaka- Gantenbein:

Professor of Paediatric Endocrinology & Diabetes, 1stDepartment of Paediatrics, Medical School, National and Kapodistrian University of Athens, "Aghia Sophia" Children's Hospital, Athens, Greece.

Melina Karipidou:

Clinical Dietitian–Nutritionist, MITERA General, Maternity & Children's Hospital, Athens, Greece.

Mikael Knip:

Professor of Paediatrics, Chief Physician, Institute of Clinical Medicine, Children's Hospital, Department of Paediatrics, University of Helsinki, Finland.

Eleni Koui:

Clinical Paediatric Dietitian, Athens, Greece.

Nikos Skordis

Professor of Paediatrics, St George's University London Medical School, University of Nicosia, Cyprus.

Bessie Spiliotis

Professor of Pediatric Endocrinology, Director of the Pediatric Endocrine and Diabetes Unit, University of Patras School of Medicine and University Hospital of Patras.

Hala Tfayli:

Assistant Professor of Paediatrics, Paediatric Endocrinology and Diabetes, American University of Beirut Medical Center, Lebanon.

Dimitris Papadimitriou:

Paediatric Endocrinologist, Head of Paediatric – Adolescent Endocrinology & Diabetes Department, Athens Paediatric Center, Athens, Greece.

Abbas Qadreh:

Consultant Paediatrician, Athens Paediatric Center, Athens, Greece.





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and Adolescent Diabetes



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