



# 18th HAND SURGERY COURSE PROGRAM



**Thursday, May 21, 2026**

08.30-09.00	<b>Registrations</b>	
09.00-20.00	<b>Lectures:</b> <b>Moderators: N. Darlis, S. Athanaselis</b> Neglected Ulnar Collateral Ligament Injuries of the Thumb Epicondylitis Cubital Tunnel Syndrome Reverse Total Shoulder Arthroplasty The Rheumatoid Hand: Approach and Surgical Options Bridging of Nerve Defects by Autologous Nerve Grafting Suprascapular Nerve Compressive Neuropathy: Diagnosis and Treatment	<b>N. Stefanou</b> <b>N. Vlachos</b> <b>S. Athanaselis</b> <b>G. Kasimatis</b> <b>P. Kanellos</b> <b>A. Vasiliadis</b> <b>F. Giannoulis</b>
10.00-18.30	<b>Live Surgery</b> <b>Surgeons: P. Giannakopoulos, A. Misitzi</b> <b>Commentators: S. Anagnostou, N. Darlis, F. Giannoulis, A. Vasiliadis, P. Kanellos, S. Athanaselis</b>	
14.30-15.00	<b>Lectures</b> <b>Moderators: N. Darlis, F. Giannoulis</b> Interesting wrist cases Arthroscopic Removal of Loose Glenoid Component in Anatomic Total Shoulder Arthroplasty	<b>D. Sotereanos</b> <b>A. Papadonikolakis</b>
15.00-15.30	<b>Light Lunch</b>	
17.00-17.30	<b>Lectures</b> <b>Moderators: N. Papadopoulos, P. Kanellos</b> Actual Indications in Replantation Surgery Hand Amputations: Revascularization and Replantation (Technical Considerations)	<b>B. Battiston</b> <b>S. Spiridonos</b>
18.30-19.00	<b>Coffee Break</b>	
19.00-20.00	<b>Lectures</b> <b>Moderators: A. Zoubos, S. Anagnostou</b>  Management of Soft Tissue Knee Injuries in Pediatric Patients Pediatric Fractures: Conservative Treatment Reconstruction of Soft Tissue Defects of the Hand Applications of Microsurgery in Orthopedics Proximal Humerus Fractures as a Predictor Factor for Osteoporosis	<b>I. Kosmidis</b> <b>D. Pasparakis</b> <b>N. Papadopoulos</b> <b>A. Beris</b> <b>E. Chronopoulos</b>
20.00	<b>Welcome Address</b> <b>Moderators: P. Giannakopoulos, A. Misitzi</b> Welcome Address Emotional Exhaustion (Burnout) in Healthcare Professionals: From Neurobiology to the Ethics and Meaning of Care	<b>P. N. Soucacos</b> <b>L. Papageorgiou</b>
21.30	<b>Welcome Reception</b>	

## Friday, May 22, 2026

<b>8.00-13.00</b>	<b>Lectures</b> <b>Moderators: N. Darlis, P. Kanelos</b> Musculoskeletal Ultrasound for Upper Limb Disorders Bone Defects of the Upper Extremity: Causes, Classification, Treatment Options and Indications New Frontiers in Hand and Microsurgery: 3D Imaging/ Printing, Exoscopes, Robotics, Nerve Monitoring Double Crush Syndromes in Upper Extremity Surgical Techniques in Extensor Tendon Injuries Giant Cell Tumor of Distal Radius	<b>D. Papoutsis</b> <b>I. Ignatiadis</b> <b>N. Darlis</b> <b>D. Vardakas</b> <b>S. Varitimidis</b> <b>O. Savvidou</b>
<b>9.00-16.00</b>	<b>Live Surgery</b> <b>Surgeons: P. Giannakopoulos, A. Misitzis</b> <b>Commentators: N. Daoutis, S. Sourmelis, Z. Dailiana, S. Spiridonos, K. Ditsios, S. Varitimidis, M. Vekris, J. Sarris, D. Vardakas, N. Darlis, F. Giannoulis</b>	
<b>12.30-13.30</b>	<b>Coffee Break</b>	
<b>13.30-14.00</b>	<b>Lectures:</b> <b>Moderators: J. Sarris, F. Giannoulis</b> Current Concepts in Lunotriquetral Instability Nerve Versus Tendon Transfers for Radial Nerve Injuries	<b>L. Papatheodorou</b> <b>S. Bougioukli</b>
<b>14.00-16.00</b>	<b>Live Surgery</b> <b>Surgeons: P. Giannakopoulos, A. Misitzis</b> <b>Commentators: N. Daoutis, S. Sourmelis, Z. Dailiana, S. Spiridonos, K. Ditsios, S. Varitimidis, M. Vekris, J. Sarris, D. Vardakas, N. Darlis, F. Giannoulis</b>	
<b>15.00-15.30</b>	<b>Light Lunch</b>	
<b>15.30-16.15</b>	<b>Lectures:</b> <b>Moderators: S. Spiridonos, M. Vekris</b> Brachial Plexus Reconstruction for Shoulder and Elbow Paralysis Secondary Brachial Plexus Reconstruction Congenital Anomalies of the Thumb Congenital Aplasia of the Thumb: Index Pollicization	<b>N. Daoutis</b> <b>M. Vekris</b> <b>Z. Dailiana</b> <b>E. Papadogeorgou</b>
<b>16.15-17.15</b>	<b>Lectures:</b> <b>Moderators: S. Varitimidis, D. Vardakas</b> Wrist Biomechanics and Kinesiology Volar Ulnar Corner: Not to Miss when Fixing Distal Radius Fractures Olecranon Fractures Humeral Shaft Fractures with Radial Nerve Palsy: what we can do Radial Head Fractures: Open Reduction – Internal Fixation	<b>J. Kostas Agnantis</b> <b>S. Sourmelis</b> <b>K. Ditsios</b> <b>J. Sarris</b> <b>J. Galanakis</b>
<b>17.15-20.30</b>	<b>Wet Lab, Cadaveric Hand Surgery</b> <b>Moderators: P. Giannakopoulos, A. Misitzis</b> Carpal Tunnel Syndrome, Median Nerve Dissection Trigger Finger-Trigger Thumb De Quervain Syndrome Dorsal Exposure of Distal Radius and Wrist Joint and Extensor Retinaculum Anatomy Extensor Hood Anatomy Mallet Finger and Central Slip Avulsion Ulnar Collateral Ligament Injury	<b>S. Spiridonos</b> <b>N. Darlis</b> <b>F. Giannoulis</b> <b>J. Sarris</b> <b>K. Ditsios</b> <b>S. Athanaselis</b> <b>P. Giannakopoulos</b>

## Saturday, May 23, 2026

8.00-9.30

### **Lectures**

**Moderators: N. Darlis, F. Giannoulis**

Common Overuse Syndromes of the Upper Extremity  
Red Flags for Child Physical Abuse  
Flexor Tendon Repair: Current Concepts  
Triceps Tendon Injuries  
Brachial Plexus Injuries: Realistic Expectations  
Principles of Tendon Transfer in Upper Extremity  
Pediatric Upper Extremity Injuries  
Thoracic Outlet Syndrome

**Ch. Konstadinidis**  
**K. Kourkoutas**  
**D. Papadopoulos**  
**Z. Kokkalis**  
**E. Fandridis**  
**A. Korobilias**  
**P. Giannakopoulos**  
**A. Misitzis**

10.00-15.00

### **Wet Lab, Cadaveric Hand Surgery**

**Moderators: P. Giannakopoulos, A. Misitzis**

Palmar Approach for Distal Radius Fractures  
Extended Palmar Approach for Scaphoid Reconstruction  
CMC Exposure Palmar Approach  
CMC Exposure Dorsal Approach  
Ulnar Nerve Dissection at Guyon Canal  
V-Y, Cross Finger Flap  
Flexor Tendon Anatomy  
Flexor Tendon Anatomy at 5<sup>th</sup> Zone  
Extensor Mechanism Dissection at MCP Joint

**N. Darlis**  
**J. Sarris**  
**P. Giannakopoulos**  
**D. Papadopoulos**  
**P. Giannakopoulos**  
**N. Papadopoulos**  
**Z. Kokkalis**  
**F. Giannoulis**  
**A. Misitzis**

15.00

### **Closing Remarks**

**P. Giannakopoulos, A. Misitzis**

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