



**EUROPEAN  
INTERBALKAN  
MEDICAL CENTER**

Pulmonary Clinic

2nd one-day course in  
Interventional Pulmonology

# “ENDOSCOPY LUNG VOLUME REDUCTION IN THE MANAGEMENT OF EMPHYSEMA PHENOTYPE OF COPD”

**Saturday October 13, 2018**

**Nikopolis hotel  
Thessaloniki, Greece**

Under  
the  
Auspices



**Hellenic Society of Respiratory  
& Occupational Chest Diseases**

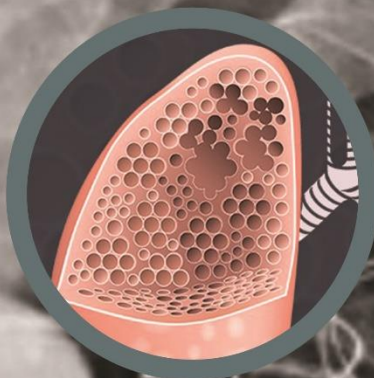
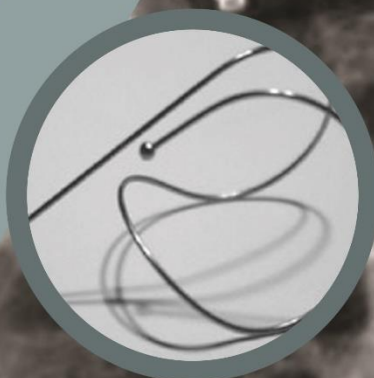
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## WELCOMING ADDRESS



Dear colleagues,

It is a great pleasure to invite you to the **2nd One-day Course** in Interventional Pulmonology entitled: **“The Endoscopic Management of Severe Pulmonary Emphysema Phenotype of COPD”**, which will be held on **October 13, 2018** at the **hotel Nikopolis**, Thessaloniki, Greece.

This course is the second of the courses in Interventional Pulmonology, organized annually by the Pulmonology Clinic of the European Interbalkan Medical Center, Thessaloniki, Greece. As this field of pulmonology is growing rapidly, it has become a real challenge not only for pulmonologists but for thoracic surgeons, pathologists and radiologists as well.

It is well known that 600.000 of the population in Greece (8.5%) suffer from chronic obstructive pulmonary disease (COPD), while 5.000 (1%) of them suffer from severe pulmonary emphysema, which results in poor quality of life and high mortality despite being treated.

In this course, dear colleagues, experts in the endoscopic techniques with international recognition not only from Greece, will try to impart their knowledge and their experience on modern therapeutic procedures for the severe pulmonary emphysema, not well known in our country, especially in Northern Greece. This fact, in combination with your active participation will guarantee the success of this course.

I am looking forward to seeing all of you. Thank you very much, indeed.

Best regards,

For the Organizing Committee

The President

**Dr. Iraklis Titopoulos, MD, PhD**

Interventional Pulmonologist

Head, Pulmonology Clinic

European Interbalkan Medical Center

### **Organizing Committee**

**Titopoulos Iraklis**

**Dimitriadou Vasileia**

**Philippou Dimitrios**

**Koutsokera Alexandra**

**Konstantinou Eleftheria**

8:00 – 8:30	Course registration
8:30 – 8:45	Welcome and introduction to the course <b>Titopoulos I.</b>
8:45 – 09:00	Official Opening <b>Tzitzikostas A.</b>
9:00 – 11:00	<b>SESSION I</b> <b>Severe Emphysema Phenotype of COPD</b> Chairmen: <b>Kontakiotis Th., Antoniadis A., Serasli E.</b>
9:00 – 09:30	Clinical Phenotypes of COPD <b>Koutsokera A.</b>
9:30 – 10:00	Signs and Symptoms of Severe Pulmonary Emphysema <b>Saroglou M.</b>
10:00 – 10:30	Non-invasive Management of Severe Pulmonary Emphysema <b>Tryfon S.</b>
10:30 – 11:00	Comments <b>Chloros D., Pechlivanidis Th.</b>
11:00 – 11:30	Coffee Break
11:30 – 15:00	<b>SESSION II</b> <b>Invasive techniques in the management of severe Pulmonary Emphysema. Which and when?</b> Chairmen: <b>Titopoulos I, Philippou D.</b>
11:30 – 12:00	Lung Volume Reduction Surgery, LVRS <b>Kleontas A.</b>
12:00 – 12:30	Collateral Ventilation <b>Chourmouzi D.</b>
12:30 – 13:00	Endobronchial Lung Volume Reduction, ELVR <b>Titopoulos I.</b>
13:00 – 13:45	The Blocking Therapy of ELVR for Emphysema Phenotype of COPD <b>Bezzi M.</b>

<b>13:45 – 14:30</b>	The Sclerosing Therapy of ELVR for Emphysema Phenotype of COPD <b>Papagiannopoulos K.</b>
<b>14:30 – 15:00</b>	Comments <b>Asteriou Ch., Spiratos D.</b>
<b>15:00 – 15:30</b>	Conclusions <b>Bezzi M., Papagiannopoulos K., Titopoulos I.</b>
<b>15:30 – 16:00</b>	End of the Course <b>Titopoulos I.</b>
<b>16:00 – 16:15</b>	<b>Buffet Lunch</b>

## Chairmen – Speakers

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- A. Antoniadis** / Pulmonologist, Coordinator Director of Pulmonology Clinic, GH Serres
- Ch. Asteriou** / MD, MSc, PhD, Cardiothoracic Surgeon, Cardiothoracic Surgery Dept, Euromedica General Hospital of Thessaloniki
- M. Bezzi** / MD, PhD, Director Interventional Pulmonology, University Hospital Careggi, Florence Italy, University of Florence
- D. Chloros** / Pulmonologist, Head of Pulmonary Dept, "G. Papanicolaou" GH, Thessaloniki
- D. Chourmouzi** / MD, PhD, Radiologist, Consultant of Magnetic Tomography, Radiology Dept, European Interbalkan Medical Center, Thessaloniki
- D. Filippou** / MD, PhD, Cardiothoracic Surgeon, Director of Thoracic Surgery, European Interbalkan Medical Center, Thessaloniki
- A. Kleontas** / BSc, MD, MSc, BTS, Thoracic Surgeon, European Interbalkan Medical Center, Thessaloniki, Greece, National Regent at European Society of Thoracic Surgeons (ESTS), Counsilor at Hellenic Society of Thoracic and Cardiovascular Surgeons (HSTCS)
- T. Kontakiotis** / Associate Professor of Pulmonology Aristotle University of Thessaloniki, Director of University Pulmonology Clinic Aristotle University of Thessaloniki, Thessaloniki
- A. Koutsokera** / MD, MSc in Thoracic Oncology, Pulmonologist, Athens
- K. Papagiannopoulos** / Senior Consultant Thoracic Surgeon, Senior Honorary Lecturer at St. James's University Hospital in Leeds, UK, Past President of ESTS
- Th. Pechlivanidis** / MD, MSc, PhD, Pulmonologist, Thessaloniki
- M. Saroglou** / MD, MSc, PhD, Pulmonologist, Consultant, GH Drama, Greece
- E. Serasli** / Pulmonologist, Coordinator Director, Pulmonary Clinic, "G. Papanikolaou" GH, Thessaloniki
- D. Spyratos** / Assistant Professor of Pulmonology, Aristotle University of Thessaloniki, Pulmonology Clinic, "G. Papanikolaou" GH, Thessaloniki
- I. Titopoulos** / MD, PhD, Interventional Pulmonologist, Head of Pulmonology Clinic, European Interbalkan Medical Center, Thessaloniki
- S. Tryfon** / MD, PhD, FCCP, Pulmonologist, Coordinator Director, National Delegate for ERS, Pulmonary Clinic, "G. Papanikolaou" GH, Thessaloniki. Greece
- A. Tzitzikostas** / Governor of Central Macedonia, Greece

## INVITED SPEAKERS FROM ABROAD

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**Konstantinos Papagiannopoulos** Undergraduate studies University of Crete Medical School 1990 / Cardiothoracic Surgery Speciality 1998 University of Stellenbosch, Cape Town South Africa and Greece 2001 / MD Thesis University Stellenbosch 1998 / International Fellowships Royal Brompton Hospital 1999 and Leuven Catholique University Belgium 2000 Senior lecturer Leeds University and Consultant Thoracic Surgeon 2001- / Chair Cancer Network 2006-2008 / Clinical Director Thoracic Surgery Leeds 2006- / Councillor ESTS 2008-2009 / Treasurer ESTS 2009-2017 / President ESTS 2017-2018 / Director International

Relationships ESTS 2018- / Director Central Fund Archdiocese Great Britain / Treasurer Greek Orthodox Community Leeds 2008- / Society membership: ESTS, CTSNET, EACTS, STS, SACS | Invited international lectures: 98 | Peer reviewed publications 60  
Presented abstracts at International conferences 100 | Course director: 45



**Michela Bezzi** Born in Brescia (Italy) on Sept the 5th 1974 / **Education** 1993/1999 “Laurea in MEDICINA E CHIRURGIA” 110/110 cum Laude - University of Brescia / 2000-2004 Specialization in “Respiratory Disease” 50/50 cum Laude - University of Brescia / 10/2000 Certificate of “Expert in Sleep Disorders” (Italian Association of Sleep medicine- AIMS) / **Functions** 2000- feb/may HO (House Officer)–Consultant Physician- Saint George’s Hospital London / 2000-2004 Intern - School of Specialization in Pulmonology- University of Brescia / 2001-2002 Research Training - Pneumologie- Hospital Pitié-Salpêtrière, Paris- France / 2002 May-Oct Six months Intern Training in Thoracic Imaging -

Radiology- Spedali Civili of Brescia, University of Brescia / 2002 Nov-2003 Apr Six months Intern Training in Clinical Pulmonology- Spedali Civili of Brescia, University of Brescia / 2003 May-Oct Six months Intern Training in Respiratory Endoscopy and Laser Therapy- Spedali Civili of Brescia, University of Brescia / 2003 Nov-2004 Feb Six months Intern Training in Thoracic Surgery - Spedali Civili of Brescia, University of Brescia / 2004 Mar-Jun Six months Intern Training in ICU- Spedali Civili of Brescia, University of Brescia / 2004 Jul-Dec Six months Boursary for Sleep Medicine training at “Pulmonary Function Test Unit”, Azienda Ospedaliera “Mellino-Mellini” in Chiari-Brescia, Italy / 2008 Mar-Jul ERS/AIMAR training fellowship presso l’ospedale UZ Brussel di Bruxelles (Prof. Marc Noppen) per il progetto dal titolo: trattamento endoscopico dell’enfisema polmonare (BLVR). / 2005-2015 “Dirigente Medico di I livello” Respiratory Endoscopy and Laser Therapy- Spedali Civili of Brescia- Prof. Sergio Cavaliere / 2015 Jul to present Chief Interventional Pulmonology University Hospital Careggi - Florence

## ACKNOWLEDGEMENTS

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**IntelligENT**  
medical



**NOVARTIS**



### REGISTRATION

The registration at the 2nd One-Day Course in Interventional Pulmonology “Endoscopy Lung Volume Reduction in the Management of Emphysema Phenotype of COPD” is free.

### CERTIFICATE OF ATTENDANCE

The certificate is marked with **6 CME/CPD credits** of continuous medical education from UEMS. The certificates will be send via email.

### LIVE WEBCAST - VIDEO ON DEMAND

The conference will be live broadcasted via [www.livemedia.gr/vitamind18](http://www.livemedia.gr/vitamind18). Videos on demand will be available after the conference.

### PRESENTATIONS

Computers and slide projectors will be available for presentations. Speakers are kindly requested to give their presentation to the AV reception at least two (2) hours before the presentation.