



18th HAND SURGERY COURSE PROGRAM



Thursday, May 21, 2026

08.30-09.00	Registrations	
09.00-20.00	Lectures: Moderators: N. Darlis, S. Athanaselis Neglected Ulnar Collateral Ligament Injuries of the Thumb Epicondylitis Cubital Tunnel Syndrome Reverse Total Shoulder Arthroplasty The Rheumatoid Hand: Approach and Surgical Options Bridging of Nerve Defects by Autologous Nerve Grafting Suprascapular Nerve Compressive Neuropathy: Diagnosis and Treatment	N. Stefanou N. Vlachos S. Athanaselis G. Kasimatis P. Kanellos A. Vasiliadis F. Giannoulis
10.00-18.30	Live Surgery Surgeons: P. Giannakopoulos, A. Misitzi Commentators: S. Anagnostou, N. Darlis, F. Giannoulis, A. Vasiliadis, P. Kanellos, S. Athanaselis	
14.30-15.00	Lectures Moderators: N. Darlis, F. Giannoulis Interesting wrist cases Arthroscopic Removal of Loose Glenoid Component in Anatomic Total Shoulder Arthroplasty	D. Sotereanos A. Papadonikolakis
15.00-15.30	Light Lunch	
17.00-17.30	Lectures Moderators: N. Papadopoulos, P. Kanellos Actual Indications in Replantation Surgery Hand Amputations: Revascularization and Replantation (Technical Considerations)	B. Battiston S. Spiridonos
18.30-19.00	Coffee Break	
19.00-20.00	Lectures Moderators: A. Zoubos, S. Anagnostou Management of Soft Tissue Knee Injuries in Pediatric Patients Pediatric Fractures: Conservative Treatment Reconstruction of Soft Tissue Defects of the Hand Applications of Microsurgery in Orthopedics Proximal Humerus Fractures as a Predictor Factor for Osteoporosis	I. Kosmidis D. Pasparakis N. Papadopoulos A. Beris E. Chronopoulos
20.00	Welcome Address Moderators: P. Giannakopoulos, A. Misitzi Welcome Address Emotional Exhaustion (Burnout) in Healthcare Professionals: From Neurobiology to the Ethics and Meaning of Care	P. N. Soucacos L. Papageorgiou
21.30	Welcome Reception	

Friday, May 22, 2026

8.00-13.00	Lectures Moderators: N. Darlis, P. Kanelos Musculoskeletal Ultrasound for Upper Limb Disorders Bone Defects of the Upper Extremity: Causes, Classification, Treatment Options and Indications New Frontiers in Hand and Microsurgery: 3D Imaging/ Printing, Exoscopes, Robotics, Nerve Monitoring Double Crush Syndromes in Upper Extremity Surgical Techniques in Extensor Tendon Injuries Giant Cell Tumor of Distal Radius	D. Papoutsis I. Ignatiadis N. Darlis D. Vardakas S. Varitimidis O. Savvidou
9.00-16.00	Live Surgery Surgeons: P. Giannakopoulos, A. Misitzis Commentators: N. Daoutis, S. Sourmelis, Z. Dailiana, S. Spiridonos, K. Ditsios, S. Varitimidis, M. Vekris, J. Sarris, D. Vardakas, N. Darlis, F. Giannoulis	
12.30-13.30	Coffee Break	
13.30-14.00	Lectures: Moderators: J. Sarris, F. Giannoulis Current Concepts in Lunotriquetral Instability Nerve Versus Tendon Transfers for Radial Nerve Injuries	L. Papatheodorou S. Bougioukli
14.00-16.00	Live Surgery Surgeons: P. Giannakopoulos, A. Misitzis Commentators: N. Daoutis, S. Sourmelis, Z. Dailiana, S. Spiridonos, K. Ditsios, S. Varitimidis, M. Vekris, J. Sarris, D. Vardakas, N. Darlis, F. Giannoulis	
15.00-15.30	Light Lunch	
15.30-16.15	Lectures: Moderators: S. Spiridonos, M. Vekris Brachial Plexus Reconstruction for Shoulder and Elbow Paralysis Secondary Brachial Plexus Reconstruction Congenital Anomalies of the Thumb Congenital Aplasia of the Thumb: Index Pollicization	N. Daoutis M. Vekris Z. Dailiana E. Papadogeorgou
16.15-17.15	Lectures: Moderators: S. Varitimidis, D. Vardakas Wrist Biomechanics and Kinesiology Volar Ulnar Corner: Not to Miss when Fixing Distal Radius Fractures Olecranon Fractures Humeral Shaft Fractures with Radial Nerve Palsy: what we can do Radial Head Fractures: Open Reduction – Internal Fixation	J. Kostas Agnantis S. Sourmelis K. Ditsios J. Sarris J. Galanakis
17.15-20.30	Wet Lab, Cadaveric Hand Surgery Moderators: P. Giannakopoulos, A. Misitzis Carpal Tunnel Syndrome, Median Nerve Dissection Trigger Finger-Trigger Thumb De Quervain Syndrome Dorsal Exposure of Distal Radius and Wrist Joint and Extensor Retinaculum Anatomy Extensor Hood Anatomy Mallet Finger and Central Slip Avulsion Ulnar Collateral Ligament Injury	S. Spiridonos N. Darlis F. Giannoulis J. Sarris K. Ditsios S. Athanaselis P. Giannakopoulos

Saturday, May 23, 2026

8.00-9.30

Lectures

Moderators: N. Darlis, F. Giannoulis

Common Overuse Syndromes of the Upper Extremity
Red Flags for Child Physical Abuse
Flexor Tendon Repair: Current Concepts
Triceps Tendon Injuries
Brachial Plexus Injuries: Realistic Expectations
Principles of Tendon Transfer in Upper Extremity
Pediatric Upper Extremity Injuries
Thoracic Outlet Syndrome

Ch. Konstadinidis
K. Kourkoutas
D. Papadopoulos
Z. Kokkalis
E. Fandridis
A. Korobilias
P. Giannakopoulos
A. Misitzis

10.00-15.00

Wet Lab, Cadaveric Hand Surgery

Moderators: P. Giannakopoulos, A. Misitzis

Palmar Approach for Distal Radius Fractures
Extended Palmar Approach for Scaphoid Reconstruction
CMC Exposure Palmar Approach
CMC Exposure Dorsal Approach
Ulnar Nerve Dissection at Guyon Canal
V-Y, Cross Finger Flap
Flexor Tendon Anatomy
Flexor Tendon Anatomy at 5th Zone
Extensor Mechanism Dissection at MCP Joint

N. Darlis
J. Sarris
P. Giannakopoulos
D. Papadopoulos
P. Giannakopoulos
N. Papadopoulos
Z. Kokkalis
F. Giannoulis
A. Misitzis

15.00

Closing Remarks

P. Giannakopoulos, A. Misitzis

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