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GROUP**

Paediatric Center  
of Athens

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## **Scientific Seminar Program**

**Paediatric Center of Athens**

**“Paediatrics between Athens & Boston”**

**Saturday, October 17, 2015**

*Megaron, The Athens Concert Hall (Banquet Room)*

[www.iatrikokentro.gr](http://www.iatrikokentro.gr)

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MassGeneral Hospital  
for Children

Under the auspices of



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## **Scientific Seminar Program**

### **Welcome to the “Pediatrics between Athens and Boston” Seminar**

Pediatrics is a unique medical specialty. Its practice requires compassion and patience besides general medical knowledge. More important, it enriches the physician with expertise in a constantly growing, changing and maturing individual. Pediatricians face a fast progressing human being from fetus to adolescence. Believe it or not, the family pediatrician is contributing a lot, not only as a physician, but also as an educator and adviser, and often takes the role of the child's advocate. In our practice, we are given the opportunity to watch and admire a mature adolescent entering the real world, hopefully successful in his endeavors. It is our biggest satisfaction to view how much we offered time- wise to the family over almost two decades for the well- being of their off- springs, which of course reflects to the whole family unit.

Nonetheless, pediatrics is not only a preventive medical specialty. It includes a wide pathology with a spectrum of practically any aspect of internal medicine.

As with all other specialties today, the pediatric specialty moves extremely fast. Pediatricians are forced to follow an immense medical literature and our ability to judge and evaluate new therapies, new infectious agents, advanced technologies and introduction of genetic techniques, make it absolutely necessary to be kept informed, if we wish to be in the front line of medicine for the benefit and wellbeing of our young patients.

This need for continuous new information leads particularly the young colleagues to seek new experience overseas. This is an exciting way to acquire new knowledge and to form connections and collaborations worldwide in a constantly evolving scientific environment.

This time we have the opportunity to welcome and host four distinguished physicians and friends of world recognition. They come from Boston eager to discuss problems, ideas and exchange medical information.



We appreciate their presence here realizing that the distance between Athens and Boston is 4.737 miles or 7.623 kilometers! Nonetheless, we are very fortunate to have the Mass General Hospital for Children representatives with us in Athens today! As we all know the Massachusetts General Hospital (MassGeneral or MGH) is the original and largest teaching hospital of Harvard Medical School and biomedical research facility in Boston, Massachusetts. Founded in 1811, it is the oldest general hospital in New England with 1057 beds. MGH conducts the largest hospital-based research program in the world, with an annual research budget of more than \$750 million. It is currently ranked as the No 1 hospital in the United States. The hospital handles over 1 million outpatients each year and admits over 47,000 patients. With 14,000 employees, MGH is the largest non- governmental employer in Boston. Eleven Nobel Laureates have worked or were trained at MGH!

The Mass General Hospital for children is the oldest provider of pediatric services in Boston (1821). It is a pediatric specialty hospital offering the full range of care from well-child visits to advanced treatments and clinical trials with more than 300 physicians, 50 medical specialties and 15 surgical services.

Several MGH fC subspecialties are on the top U.S. list for hospital care excellency. We, the Pediatric Center physicians express our gratitude to our colleagues from Boston and to all of you, present today, for a fruitful seminar!

Although there is a long distance between Athens and Boston, Pediatrics is unique worldwide and Pediatricians feel very close to our Bostonian colleagues. We are happy to have you all with us today.  
On behalf of the Organizing Committee,

**Christos S. Bartsocas, MD**  
Emer. Professor of Pediatrics

# Program

- 9:30 Registration**
- 10:00 - 11:30 Current care and follow-up of the newborn - screening**  
**Chairs:** G. Nyktari - P. Tagkalakis  
**Lecturers:**  
“Protection from osteopenia-The role of vitamin D”  
C. Maniati  
“Longterm follow-up of the premature” Art. Gika  
“Infantile hemangiomas: effective therapeutic approach”  
Al. Alexopoulos  
“Hearing screening” D. Ntinopoulou  
“Vision screening” St. Gatzonis
- 11:30 - 12:30 Progress in infectious diseases**  
**Chairs:** A. Malamitsi Puchner - N. Spyridis  
**Lecturers:**  
“Meningococcal disease - Meningococcal vaccine” M. Pasternack  
“New perspectives in imaging of common pediatric infections”  
El. Manoli  
“Latest updates on staphylococcal skin infections” L. Syridou
- 12:30 - 13:00 Coffee Break**
- 13:00 - 13:15 Opening addresses:**  
**Christos S. Bartsocas**, Emer. Professor of Pediatrics  
**Vassili G. Apostolopoulos**, CEO Athens Medical Group  
**Georgios Patoulis**, Chairman of Athens Medical Association
- 13:15 - 13:45 Key-note lecture**  
**Chairs:** E. Kanavakis - An. Pangalis  
**Lecturers:**  
“Epigenetics and influence of maternal diet” S. Kitsiou-Tzeli
- 13:45 - 14:15 Allergies**  
**Chairs:** N. Douladiris, M. Manousakis  
**Lecturers:**  
“Progress in pediatric allergies” St. Giavi
- 14:15 - 14:45 Light lunch**

**14:45 - 16:00 Endocrinology update**

**Chairs:** C. Bartsocas - Abb. Qadreh

**Lecturers:**

**“Growth disorders: update of GH safety and efficacy”**

L. Levitsky

1. **“Minipuberty replacement in male infants”**

2. **“The big vitamin D mistake”** D. Papadimitriou

**“Robotic surgery in children and adolescents”** K. Konstantinidis

**16:00 - 17:00 Newer issues in cardiopulmonary diseases**

**Chairs:** C. Bakoula-Tzoumaka - Ath. Kaditis

**Lecturers:**

**“Changes in asthma therapy”** Th. Kinane

**“Viral pneumonias”** Th. Tsiligiannis

**“Chest pain in children”** S. Koulouri

**17:00 - 18:00 Autism and development**

**Chairs:** S. Vienopoulou - D. Zarganis

**Lecturers:**

**“Treatment updates in autism”** An. Neumeyer

**”Developmental surveillance in the community pediatric setting, from suspicion to diagnosis”** Al. Klimentopoulou

**18:00 - 18:15 Coffee break**

**18:15 - 20:15 The surgical specialties on the side of the pediatrician**

**Chairs:** I. Christopoulos - N. Baltogiannis

**Lecturers:**

**“The deformity of the spine and the contribution of the general pediatrician”** S. Papastefanou

**“Surgical correction of hypospadias today”** G. Zoupanos

**“Endoscopic reviewing of upper and lower respiratory tract”** Em. Koudounakis

**“New methods of scoliosis treatment”** N. Sekouris

**“Current care of thoracic empyema”** G. Spyridis

**“Surgical treatment of pectus excavatum”** M. Marangakis

**20:15 - 20:30 Conclusions - closure of the meeting**

## List of faculty, lecturers and session chairpersons

### A. MassGeneral Hospital for Children / Harvard Medical School

#### **Thomas Bernard Kinane, MD**

Professor of Pediatrics, Harvard Medical School, Chief, Pediatric Pulmonary Unit, Associate Chief for Education, Boston, MA

#### **Lynne L. Levitsky, MD**

Assoc. Professor of Pediatrics Harvard Medical School, Emeritus Chief, Pediatric Endocrinology. Co-Director, Turner Syndrome Wellness Center, MassGeneral Hospital for Children, Boston, MA

#### **Ann Neumeier, MD**

Assistant Professor of Neurology, Harvard Medical School, Neurology, Medical Director at the Lurie Center of Autism, MassGeneral Hospital for Children, Boston, MA

#### **Mark Steven Pasternack, MD**

Associate Professor of Pediatrics, Harvard Medical School, Chief, Pediatric Infectious Disease, Mass General Hospital for Children, Boston, MA

### B. Athens Paediatric Center & Greek Academia

#### **Alexis Alexopoulos, MD, PhD**

Director Pediatric Dermatology Service, Athens Medical Center

#### **Chrysa Bakoula-Tzoumaka, MD, PhD**

Emer. Professor of Pediatrics, University of Athens, Athens Medical Center

#### **Nikolaos Baltogiannis, MD, PhD**

Director Pediatric Surgery Service, Athens Medical Center

#### **Christos S. Bartsocas, MD, DMed-Sc, FAAP, FACMG**

Emer. Professor of Pediatrics, University of Athens, Consultant Pediatric Center, Athens Medical Center

#### **Ioannis Christopoulos, MD**

Director Second Pediatric ENT Service, Athens Medical Center

#### **Nicholas Douladiris, MD, PhD**

Pediatric Allergist, P. & A. Kyriakou Children's Hospital

#### **Stamatis Gatzonis, MD, FEBO,**

#### **Pg Dip**

Director, Pediatric Ophthalmology Service, Athens Medical Center

#### **Stavroula Giavi, MD**

Allergist-Pediatric Allergist, Consultant, Athens Medical Center

#### **Artemis Gika, MD, MSc, PhD,**

#### **MRCPC,**

Consultant Pediatric Neurologist, Athens Medical Center

#### **Athanasios Kaditis, MD, PhD**

Assistant Professor of Pediatric Pulmonology, Athens University of Athens Medical School

#### **Emmanuel Kanavakis**

Professor Emeritus of Genetics, University of Athens, Scientific Associate Gaia Maternity Hospital, Athens Medical Center

#### **Sofia Kitsiou-Tzeli**

Professor of Genetics, Head, Dept. of Medical Genetics, Athens University Medical School, "Aghia Sofia" Children's Hospital

#### **Alexandra Klimentopoulou,**

#### **MD, PhD**

Developmental Pediatrician, Athens Medical Center

#### **Konstantine Konstantinidis, MD,**

#### **PhD, FACS**

Director of the General, Bariatric, Laparoscopic & Robotic Surgical Clinic, Scientific Director, Athens Medical Center

**Emmanouel Koudounnakis, MD, PhD**

Director First Pediatric ENT Service, Athens Medical Center

**Sofia Koulouri, MD**

Director Pediatric Cardiology, Athens Medical Center

**Ariadne Malamitsi-Puchner, MD**

Professor of Pediatrics-Neonatology, Neonatal Intensive Care Unit, Aretaion Maternity Hospital

**Konstantina Maniati, MD**

Pediatrician-Neonatologist. Neonatal Intensive Care Unit, Gaia Maternity Hospital, Athens Medical Center

**Eleni Manoli, MD**

Director, Pediatric Radiology Department, Athens Medical Center

**Manolis Manousakis, MD, PhD**

Pediatric Allergy Service, "P & A Kyriakou" Children's Service

**Marios Marangakis, MD, PhD**

Director Pediatric Surgery Service, Athens Medical Center

**Dimitra Ntinopoulou, MD**

Assoc. Director Second Pediatric ENT Service, Athens Medical Center

**Georgia Nyktari, MD, PhD**

Pediatrician-Neonatologist, Neonatal Intensive Care Unit Director, Gaia Maternity Hospital, Athens Medical Center

**Anastasia Pangali, MD, PhD**

Director Biopathology Laboratory, Athens Medical Center

**Dimitris Papadimitriou, MD, PhD**

Head of Pediatric & Adolescent Endocrinology & Diabetes Athens Pediatric Center

**Sotiris L.Papastefanou, MD, DC (Orth), PhD**

Consultant Spinal Surgeon, Scientific Head Spine Institute, Athens Medical Center

**Abbas Qadreh, MD, PhD**

Pediatric Diabetologist, Athens Medical Center

**Nick Sekouris, MD, PhD**

Director Pediatric Orthopedic Dept, Athens Medical Center

**George P. Spyridis, MD**

Director Surgery Service, Consultant Pediatric Oncology Specialist, Athens Medical Center

**Nikos P. Spyridis, MD, PhD**

Assistant Professor Pediatric Infectious Diseases, Athens University Medical School

**Lia Syridou, MD, PhD**

Consultant in Pediatrics and Pediatric Infectious Diseases, Athens Medical Center

**Panayotis Tagkalakis, MD**

Pediatrician, Scientific Associate, Athens Medical Center

**Theofanis Tsiligiannis, MD**

Pediatric Pulmonologist, Athens Medical Center

**Sofia Vjenopoulou, MD**

Head Center for Psychological Support of the Child and the Family, Athens Medical Center

**Diagoras Zarganis**

Head of B Paediatric Department

**George Zoupanos, MD, PhD**

Director Pediatric Urology Service, Athens Medical Center

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- By metro, it's just two minutes from the Concert Hall Metro Station to the door of the Concert Hall
- By bus, buses E 14, X14, A5 and 550 stop right in front of the Concert Hall
- By electrically driven bus, buses 13, 12, 10 and 3 stop right in front of the Concert Hall

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