

Resume

Dr. Thanos E. Askitis, is a graduate of Athens Medical School, PhD in Psychiatry at the University of Athens in the field of Social Psychiatry, specializing in human sexual behavior and sexual dysfunction (US).

Since 1985 and up to this day, he is a clinical psychiatrist and practices behavioral therapy, he has cooperated as a clinical psychiatrist in numerous psychiatric clinics and has faced cases with major psychopathology.

Since 1987 through the Greek Media, he has spoken openly about mental health and sexuality issues, focusing on tv shows for over 30 years and deconstructing the psychiatric stigma in the Greek society. He has published numerous articles in daily and Sunday newspapers and magazines.

From 1988 as a scientific associate of the Ministry of Education and of the General Secretary for Youth, he developed pilot projects on preventive mental health and sexual education, while he addressed the above matters throughout numerous speeches delivered to parents' and guardians' associations in many schools in the country, public and private. He has delivered over a thousand speeches during his 33 years of clinical psychiatric experience in Greece and Cyprus on matters related to mental and sexual health, focusing on psychopathology and disorders of the human behavior.

From 2001 to 2003, he was an advisor to the Ministry of Education in the department "Therapy Health". From 2006 to 2008, with his scientific team, he was in charge of the projects "Emotional Health- Interpersonal Relations", "Sexual Education- Intersex Relations" organized by the Ministry of Education for children from 6 to 12 years old and he has written eight books referring to the pupil as well as the teacher.

In 2014, as a special scientific advisor to the Ministry of Education, he was responsible for the "Social School" in the field of mental and sexual health information and education.

President of the Hellenic Society of Mental and Sexual Health Education since 2000. At the same time, he trains with continuous programs, scientific bodies and therapists of mental and sexual health, and has published 7 books on the mental and sexual behavior of modern man.

In 2000 he was elected as a member of the Greek Parliament for PASOK in the 2nd Region of Athens, actively participating in the Committee on Cultural Affairs of the Greek Parliament and developed a number of initiatives within the framework of social policy aiming at upgrading the mental health of the Greek family. He remained on the parliamentary benches until May 2003 where he withdrew his parliamentary status due to a professional incompatibility of Article 57 of the Greek Constitution, while maintaining his capacity as a Psychiatrist and his clinical professional path to this day.

In 2008, he was awarded at the European Society for Sexual Medicine Conference, along with his scientific team, and in collaboration with the University's Cardiological

Clinic of the Hippocratic Hospital, as the best work of the conference in relation to Coronary Disease – Depression and Erectile Dysfunction.

He is President of the Medical Centre of Sexual Health from 1994 until today, actively practicing clinical Psychiatry.

Since April 2010, he has founded the Medical Centre of Sexual Health in Nicosia, Cyprus where he studied the Cypriot society, while consulting through the Support Line which operates daily free of charge, to parents and couples in need of management support of mental problems.

He is a regular member of the Hellenic Psychiatric Society from 1985 until today, participating in all conferences with presentations and speeches. An international member of the American Psychiatric Association (APA) since 1987, he has taken part in over 25 annual conferences. He is a member of the Cyprus Psychiatric Society, as well as the Cyprus Medical Association. Member of the European Society for Sexual Medicine (ESSM) and the International Society for Sexual Medicine (ISSM), where he has published numerous papers in international conferences and journals.

In 2015, he was selected at the 3rd award of distinguished personalities by the Hellenic Union of Heptanisians and was honored with a commemorative stamp bearing his image and his name, recognizing his scientific presence as a social contribution.

In 2018 he was elected as Professor of Psychiatry at the European University of Cyprus (E.U.C) in the field of Social Psychiatry.

In the present period, in addition to the clinical psychiatric work, both in Greece and in Cyprus that he systematically carries out, he participates in several medical conferences and universities (EKPA – AUTH), giving lectures to doctors and the public on mental health issues, recording the current Greek reality, in the light of the eight-year crisis that Greek society is going through. At the same time, he teaches, in each course of the seminars of the University Mental Health Research Institute (UMHRI), issues on sexuality and human relations.

He was born in Chios, married and is the father of two children.